

COMING SPRING 2009

Newly Revised Swimming and Water Safety Program



New and Improved for You

Get ready to implement the newly revised American Red Cross Swimming and Water Safety program for the 2009 swim season. Based on feedback from industry experts, the program is being updated to make it more effective and easier to teach. Expected changes include:

- Increased emphasis on water safety and drowning prevention as the basis of swimming and water recreation.
- New placement and distribution of the skills throughout the Learn-to-Swim program to help reduce bottlenecks and optimize skill acquisition.
- Three new levels specifically designed for the developmental needs of preschool-age children so they achieve success at regular intervals.
- New content to help Water Safety instructors improve their teaching skills and better serve all participants including swimmers with special needs.

Swimming and Water Safety courses now under revision include:

- All levels of Learn-to-Swim
- Parent and Child Aquatics
- Longfellow's WHALE Tales
- Water Safety Presentations



For more information about this program revision, stay tuned to the American Red Cross Instructor's Corner (www.RedCross.org/instructorscorner) and the August 2008 issue of Aqua'Zine.